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Hands-on Cad Lab

November 13<sup>th</sup> - 15<sup>th</sup> 2014

# Elbow: diseases and clinical experiences

Topics on Anatomical approaches,  
Arthroscopy, Arthroplasty and Prosthesis,  
Tendon repair and reconstruction

**President**

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Riccardo Luchetti  
Italo Pontini  
Roberto Rotini  
Arman Sard  
Luigi Tarallo  
Pierluigi Tos  
Kilian Wegmann

**CME CREDITS Requested**

Course Venue

Organizing Secretariat



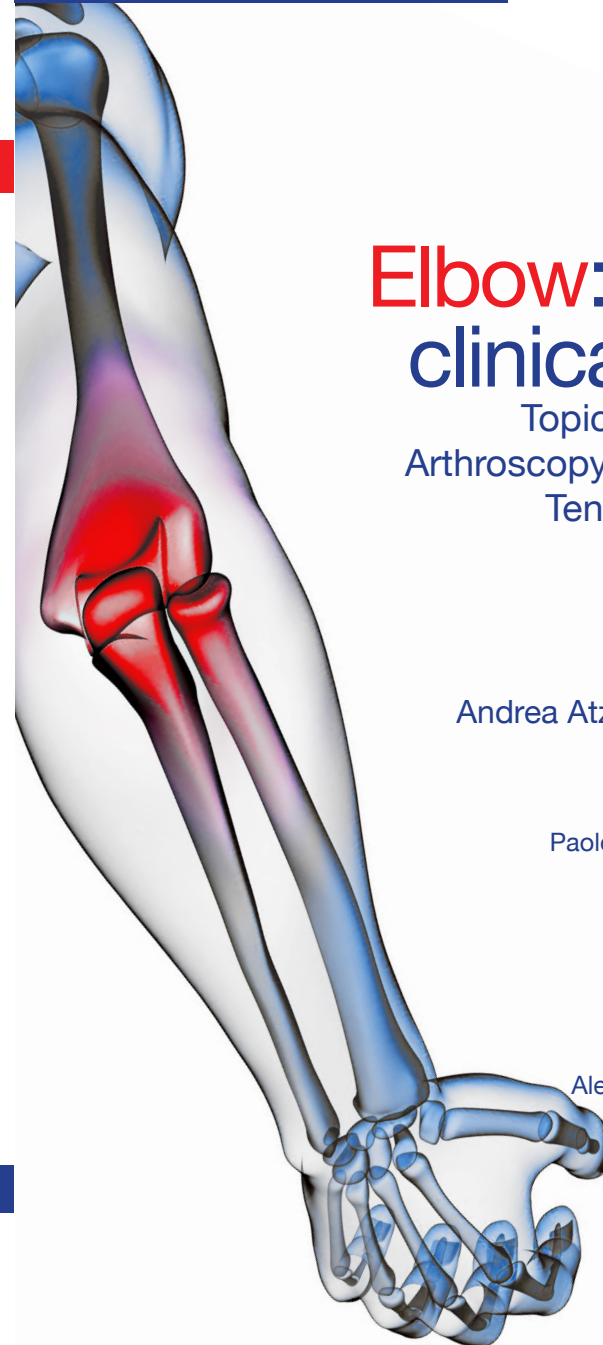
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**SPECIAL SESSION FOR THERAPISTS**



November 13<sup>th</sup> - 15<sup>th</sup> 2014

# Elbow: diseases and clinical experiences

Topics on Anatomical approaches, Arthroscopy, Arthroplasty and Prosthesis, Tendon repair and reconstruction

## Thursday, November 13<sup>th</sup> 2014

- 13.00-14.00 Registration**
- 14.00-14.15 Introduction to the Course**
- 14.15-15.00 Anatomy and open and arthroscopic approaches to the elbow**
- 14.15-14.25** Main elements of anatomy to understand elbow biomechanics and stability - *F. Castoldi*
- 14.25-14.35** Tips and tricks from the anatomic standpoint – internervous approaches - *A. Celli*
- 14.35-14.45** Open approaches - *M. Ceruso*
- 14.45-15.00** Arthroscopic approaches - *A. Atzei, R. Luchetti*
- 15.00-16.00 Elbow instability**
- 15.00-15.15** Classification from the simple ligamentous lesions up to the terrible triad  
*B. Battiston, A. Sard*
- 15.15-15.30** Surgical indications in acute elbow ligamentous injuries - *M. Fontana*
- 15.30-15.45** Surgical indications in chronic elbow ligamentous injuries - *R. Rotini*
- 15.45-16.00** The importance of external fixation - *R. Rotini*
- 16.00-16.45 Elbow fractures**
- 16.00-16.25** Distal humerus: classification and treatment - *M.E. Baratz*
- 16.25-16.45** Radial head: classification and treatment - *I. Pontini*
- 16.45-17.00** Coffee-Break
- 17.00-17.15** Tendon lesions (biceps/triceps ruptures) - *M.E. Baratz*
- 17.15-17.30** Epicondylitis - *P. Arrigoni*
- 17.30-18.00 Discussion**
- 18.00-18.30 Video session**
- 18.00-18.10** The arthroscopic approaches - *A. Colozza*
- 18.10-18.20** Arthroscopic fixation of radial head fracture and coronoid fractures - *E. Guerra*
- 18.20-18.30** Arthroscopic treatment of epicondylitis - *P. Arrigoni*

## Friday, November 14<sup>th</sup> 2014

- 07.30-08.00 Welcome Coffee**
- 08.00-11.00 Hands-on: Elbow arthroscopy Part I**  
*P. Arrigoni, A. Colozza, E. Guerra and faculty*
- 11.00-11.15** Coffee-break
- 11.15-13.00 Hands-on: Elbow arthroscopy Part II**
- 13.00-14.30** Lunch (Video: relive procedures and expert corners)

- 14.30-16.30 Hands-on: Open surgery**  
*M. Baratz, B. Battiston, I. Pontini and faculty*
- synthesis of radial head fractures
  - radial head prosthesis
- 16.30-16.45** Coffee-Break
- 16.45-17.00 Shearing fractures of the humerus** - *B. Panero, P. Tos*
- 17.00-18.00 Hands-on: Continuing lateral approach**  
*M. Baratz, M. Fontana and faculty*
- humerus radial column
  - reinsertion of LCL
  - coronoid approach

## Saturday, November 15<sup>th</sup> 2014

- 08.00-08.15 Proximal ulna fractures: classification and treatment** - *K. Wegmann*
- 08.15-09.15 Hands-on: Open surgery**  
*P. Bigazzi, A. Sard, L. Tarallo and faculty*
- Posterior approach to the elbow
  - Approach to the ulnar nerve
- 09.15-11.00 Hands-on: Open surgery**  
*F. Castoldi, I. Pontini, L. Tarallo and faculty*
- Medial approach to coronoid
  - Anatomy and reconstruction of the MCL
  - Anterior approach /distal biceps reconstruction
- 11.00-11.15** Coffee-break
- 11.15-13.00 Hands-on: Open surgery**  
*A. Celli, K. Wegmann and faculty*
- Triceps reflecting/TRAP/trans-olecranon approaches
  - Synthesis of distal humerus fractures
- 13.00-14.00** Lunch (Video: relive procedures and expert corners)
- 14.00-14.15 Indications, techniques and different approaches to elbow arthroplasty** - *R. Angeloni*
- 14.15-16.00 Hands-on: Elbow arthroplasties Part I** - *R. Angeloni and faculty*
- 16.00-16.15** Coffee-break
- 16.15-17.30 Hands-on: Elbow arthroplasties Part II** - *M. Ceruso and faculty*
- 17.30** Closing ceremony