

FESSH ACADEMY

13-16th February 2019. Budapest, Hungary

You are very welcome on behalf of Maurizio Calcagni, Secretary General and David Shewring, Chair of Training and Education Committee of FESSH to the inaugural **Academy of the Federation of European Societies for Surgery of the Hand** to be held in Budapest in February 2019.

This is a 4 day residential course to cover all of the main topics in hand surgery with some time for case based discussion and practical sessions. The lectures will be delivered by a large faculty comprising of some of the best known names in European Hand Surgery.

The Academy is aimed at all those in Hand Surgery training in Europe.

FACULTY

Dean Boyce, Swansea, UK

Maurizio Calcagni, Zürich,
Switzerland

Phillippe Cuenod, Geneva,
Switzerland

Tim Davis, Nottingham, UK

Nick Downing, Nottingham,
UK

Christian Dumontier,
Guadeloupe/Paris, France

Grey Giddins, Bath, UK

Jonathan Hobby,
Basingstoke, UK

Steven Hovius, Rotterdam,
Netherlands

Caroline Leclercq, Paris,
France

Alex Lluch, Barcelona, Spain

Dai Newington, Swansea,
UK

Martin Richter, Bonn,
Germany

David Shewring, Cardiff, UK

Gill Smith, London, UK

Pierluigi Tos, Turin, Italy

Erik Walbeehm, Nijmegen,
Netherlands

David Warwick,
Southampton, UK

FESSH HEADQUARTERS / BILLING ADDRESS

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FESSH SECRETARIAT

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PROGRAM (the program is subject to change)

13th February 2019, Wednesday

08.30	Registration and welcome	
09.00-10.30	SESSION 1	BASIC SCIENCE OF WOUNDS AND SKIN COVER
	1.1	Wound healing skin grafts: Basic science (15 min)
	1.2	Surgical management of fingertip injuries including nailbed (15)
	1.3	Management of complications including secondary deformity and nailbed (10)
	1.4	Flaps forearm and hand (20)
	1.5	Principles of microsurgery: Replantation (15)
	1.6	Options for thumb reconstruction, principles (15)
10.30-11.00	Coffee break	
11.00-12.30	SESSION 2	COMPARTMENT SYNDROME AND INFECTION
	2.1	Compartment syndrome: Hand and forearm (15)
	2.2	Injection and extravasation injuries (15)
	2.3	Principles of management of thermal, chemical and electrical burns (15)
	2.4	The anatomical basis and surgical management of acute infections of the hand (15)
	2.5	Necrotising Fasciitis (15)
	2.6	Group discussion (15)
12.30-13.30	Lunch break	
13.30-15.30	SESSION 3	NERVE
	3.1	Organisation of the peripheral nervous system and structure and ultrastructure of peripheral nerve (15)
	3.2	Neurophysiology testing in trauma and compression (15)
	3.3	Nerve repair: Surgical technique and results (15)
	3.4	Nerve compression: Carpal tunnel syndrome (15)
	3.5	Nerve compression: Ulnar nerve (15)
	3.6	Occupational factors: Hand arm vibration syndrome (15)
	3.7	RSI does it exist? (15)
	3.8	CRPS (15)
15.30-16.00	Coffee break	

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13th February 2019, Wednesday (cont.)

16.00-17.00	SESSION 4	TUMOURS
	4.1	Benign Tumours (15)
	4.2	Malignant bone and soft tissue tumours (15)
	4.3	Skin tumours (15)
	4.4	Imaging of tumours (15)

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14th February 2019, Thursday

08.30	Registration	
09.00-10.30	SESSION 5	FLEXOR TENDON 1
	5.1	Flexor tendon and Sheath, Anatomy and Biomechanics (15)
	5.2	Zone 1 Flexor Tendon Injuries and FDP Avulsions (15)
	5.3	Zone 2: Flexor Tendon Repair Techniques - Suture Techniques (15)
	5.4	Flexor Tendon Attrition Ruptures with OA and RA (15)
	5.5	Rehabilitation Techniques (15)
	5.6	Group discussion (15)
10.30-11.00	Coffee break	
11.00-12.30	SESSION 6	FLEXOR TENDON 2
	6.1	Flexor Tenolysis (15)
	6.2	Primary and Delayed Flexor Tendon Grafting (15)
	6.3	Tendon repair workshop (60 min)
12.30-13.30	Lunch break	
13.30-15.10	SESSION 7	EXTENSOR TENDON
	7.1	Anatomy and Biomechanics of the Extensor System (15)
	7.2	Mallet Deformity Extensor Tendon Repair and Rehabilitation – Zones 5-8 (15)
	7.3	Extensor tendon attrition rupture (15)
	7.4	Swan Neck Deformity (15)
	7.5	Central Slip Failure (15)
	7.6	Intrinsic Tightness (15)
	7.7	Extensor tendon adhesions and tenolysis (10)
15.10-15.40	Coffee break	
15.40-17.55	SESSION 8	TENDON TRANSFERS
	8.1	Principles of Tendon Transfer, Lengthening, Shortening, Weaving and Fixation (15)
	8.2	Transfers for Radial Nerve Lesions (15)
	8.3	Transfers for Ulnar Nerve Lesions (15)
	8.4	Transfers for Median Nerve Lesions (15)
	8.5	Cerebral Palsy/Stroke (15)
	8.6	Tetraplegia (15)
	8.7	Case discussions (45)
17.55-18.25	SESSION 9	TRAUMA: FRACTURES
		Bone healing, principles of plates and screws
		Non-operative treatment of hand fractures

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15th February 2019, Friday

08.30	Registration	
09.00-10.45	SESSION 10	TRAUMA: FRACTURES – WRIST
	10.1	Distal radius fractures (15)
	10.2	Scaphoid – acute fractures (15)
	10.3	Complex injuries, Perilunate dislocations (15)
	10.4	Salvage: distal radius osteotomy (15)
	10.5	Salvage: Scaphoid non-union (15)
	10.6	Case discussion (30 min)
10.45-11.15	Coffee break	
11.15-13.15	SESSION 11	TRAUMA: FRACTURES – HAND
	11.1	Phalangeal fractures (15)
	11.2	PIPJ fractures and dislocations (15)
	11.3	Metacarpal & Carpometacarpal injuries (10)
	11.4	The thumb base - Bennett's and Rolando fractures (10)
	11.5	The thumb MCPJ - UCL injuries (10)
	11.6	Bone fixation exercise (60 min)
13.15-14.15	Lunch break	
14.15-15.30	SESSION 12	DUPUYTREN'S DISEASE I
	12.1	Anatomy of the fibrous tissues of the hand and its relevance to Dupuytren's disease (15)
	12.2	Epidemiology, pathophysiology and genetics of Dupuytren's disease (15)
	12.3	Non-operative approaches: Radiotherapy: The evidence (15)
	12.4	Collagenase: technique, results & evidence (15)
	12.5	Needle Fasciotomy (15)
15.40-16.10	Coffee break	
16.10-17.25	SESSION 13	DUPUYTREN'S DISEASE II
	13.1	Surgery in Dupuytren's – principles (15)
	13.2	Regional fasciectomy (15)
	13.3	Dermofasciectomy (15)
	13.4	Post-operative management: Management of wounds, hand therapy & splinting (15)
	13.5	Management of recurrent disease and salvage options (15)

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16th February 2019, Saturday

08.30	Registration	
09.00-10.30	SESSION 14	CONGENITAL I.
	14.1	Upper limb development and Sonic hedgehog (15)
	14.2	Classification of upper limb developmental anomalies - Talking with Children and Parents, Planning treatment, and Consent (15)
	14.3	Trigger Digits, Camptodactyly, clinodactyly (15)
	14.4	Radial, Central and Ulnar Polydactyly – overview (15)
	14.5	Surgical treatment of thumb hypoplasia (15)
	14.6	Cleft Hand and Syndactaly (15)
10.30-11.00	Coffee break	
11.00-12.15		CONGENITAL II.
	14.7	Radial and ulnar dyplasia (excluding thumb hypoplasia), phocomelia (15)
	14.8	Symbrachydactyly and Transverse Absence, Toe to Hand Transfers (15)
	14.9	Radioulnar Synostosis and Radial Head Dislocation, Madelungs (15)
	14.10	Unfeasibly large digits, including Macroductyly and Proteus Syndrome (15)
	14.11	Vascular Tumours (15)
12.15-13.15	Lunch break	
13.15-15.05	SESSION 15	WRIST INSTABILITY AND DEGENERATIVE DISEASE
	15.1	Wrist ligament anatomy and kinematics (10)
	15.2	Scapho-lunate instability: Symptoms and signs, classification, natural history and treatment of pre-arthritis stages (10)
	15.3	Ulnar sided wrist problems: TFCC, DRUJ, ulnar-sided instability: Ulnar shortening techniques (15)
	15.4	Wrist arthroscopy (10)
	15.5	Osteoarthritis of the basal joint of the thumb: Treatment options (10)
	15.6	Trapeziumectomy (10)
	15.7	Fusion (10)
	15.8	Arthroplasty (10)
	15.9	Osteoarthritis of the wrist: Denervation / partial fusion /PRC (15)
	15.11	Total fusion v arthroplasty (10)
15.05-15.35	Coffee break	

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16.35-17.25	SESSION 16	RHEUMATOID
	16.1	Background and drug strategy (10)
	16.2	The rheumatoid wrist (15)
	16.3	DRUJ and Extensor Tendons
	16.4	MCP/PIP finger and thumb including Swan-neck and Boutonnière

REGISTRATION FEES:

Standard registration fee: 650 €/person

You can apply after 26 November at www.fessh.com

Special registration fee with the support of FESSH: 300 €/person

You can apply for the special registration fee through your National Hand Society contacting the FESSH delegate of your country: <http://fessh.com/national-delegates/>

The number of special registrations is limited.

The registration fee includes the followings:

- Costs of the 4 day hand surgery programme
- Accommodation for 4 nights (12-16 February) in the Hotel Benczur*
- Coffee breaks and lunches during the FESSH Academy
- Social program and dinner on Wednesday (13 February)
- Dinner on Friday (15 February)
- Free evening on Thursday (14 February)

*Please note that registration fee includes double room accommodation shared by participants. Single room upgrade will be available at €30 per night based on availability only.

The registration fee does NOT include: the travel costs from your country to Budapest, Hungary.

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Deadlines:

25 November 2018 Registration with special FESSH price closes – via National Delegates of FESSH (see above)

26 November 2018 Standard registration opens via www.fessh.com – in case of doubts contact us at office@fessh.com

15 January 2019 Standard registration closes (unless it fills up earlier)

ABOUT THE VENUE:

Hotel Benczur, Budapest, Hungary - <http://www.hotelbenczur.hu/en>



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