

MASTER CLASS Budapest, Oct 29-30, 2021

Friday 29 October 2021			Surgeons	Observers
8:00-8:20	Lecture	Introduction to the surgical treatment of the Spastic Upper Limb	X	X
8:20-10:10		SHOULDER + HSN		
15 mn	Lecture	The spastic shoulder	X	X
15 mn	Demo	Tenotomy / lengthening of Pectoralis Major, Teres Major, Latissimus dorsi, Subscapularis	X	X
60 mn	Lecture and discussion	Clinical examination		X
15 min	Lecture	Hyperselective Neurectomy (HSN): indications, technique	X	X
10:30-13:00		ELBOW + HSN		
	Lecture	Elbow HSN and lengthening: technique and respective indications	X	X
15 min	Demo	HSN musculo-cutaneous (+ radial nerve) Elbow flexors lengthening	X	X
60 min	Lecture and discussion	Botulinum toxin		X
15 min	Demo	HSN median + ulnar nerve forearm	X	X
45 mn	Lecture and discussion	Results of HSN		X
14:00-16:00		FOREARM		
20 mn	Lecture	Techniques of lengthening and respective indications: tenotomy // epicondylar release // Fractional // Intra-tendinous // STP	X	X
15 mn	Demo	Forearm muscles lengthening: fractional lengthening, STP Epicondylar release	X	X
80 mn	Lecture and discussion	Muscle release or neurectomy?		X
16:35-18:00		TENDON TRANSFERS		
15 mn	Lecture	Techniques and indications of tendon transfers	X	X
15 mn	Demo	Transfer FCU / ECU to Wrist Extensors PT rerouting	X	X
45 mn	Lecture and discussion	Post-op regimen of tendon transfers		X
18:00-18:30		Clinical cases presentation	X	X

Saturday 30 October 2021			Surgeons	Observers
8:30-10:30		WRIST ARTHRODESIS		
15 mn	Lecture	Indications and technical challenges	X	X
15 mn	Demo	Medio-carpal fusion Total wrist fusion	X	X
75 mn	Lecture + discussion	Wrist Az: alternatives, associated procedures		X
11:00-12:30		THUMB		
15 mn	Lecture	Classification, indications and techniques	X	X
	Demo	First web release BR / EPL	X	X
60 mn	Discussion	Questions and answers		X
13:45	Demo	HSN thumb intrinsics (median + ulnar)	X	X
14:00-15:15		FINGER INTEROSSEI		
	Lecture	Anatomy, diagnostic and etio-pathogeny, techniques	X	X
	Demo	Distal tenotomy (2 fingers) Proximal tenotomy (2 fingers) Thumb EPL tenodesis	X	X
45 mn	Lecture + discussion	Post-op regimen interossei		X
15:15-16:15		Clinical cases presentation	X	X
16:30		End of the Master Class		