

ORGANIZER AND DIRECTOR OF THE COURSE  
Davide Smarrelli

INVITED FACULTY  
(in alphabetical order)

Andrea Atzei - Treviso (Italy), Enrico Carità - Verona (Italy),  
Andrea Ghezzi - Castellanza (Italy), Max Haerle - Markgroningen (Germany),  
Dr Alberto Lazzerini - Milano (Italy), Frank Nienstedt - Merano (Italy),  
Dr Sandra Pfanner - Firenze (Italy), Jorg van Schoonhoven - Badneustadt (Germany),  
Alberto Sgarbossa - Brescia (Italy)

#### REGISTRATION

Registration fee has been set at 300€ + 22% VAT and is inclusive  
of attendance of the course, lunch and coffee breaks  
when applicable and two dinners.

You can register on line accessing <http://www.studioprogress.it>  
in the NEXT MEETINGS section.

#### ORGANIZING SECRETARIAT

StudioProgress Snc  
Via Cattaneo 51 - 25121 Brescia (Italy)  
[info@studioprogress.it](mailto:info@studioprogress.it) - [www.studioprogress.it](http://www.studioprogress.it)

BIRG PATRONAGE REQUESTED



PATROCINIO SICM RICHIESTO



# NEMBRO – BERGAMO

24<sup>th</sup> - 26<sup>th</sup> March 2022



## 24<sup>th</sup> MARCH 2022

### 14.30-18.00 TENDONS FROM DIAGNOSIS TO TREATMENT

- 14.30-15.00 Introduction & presentation of the course - *D. Smarrelli*
- 15.00-15.15 Generalities anatomy-physiopathology-principles of sutures and anesthesia
- 15.15-15.30 Acute extensor tendon lesions: from diagnosis to treatment
- 15.30-15.45 Secondary extensor tendon lesions: from diagnosis to treatment
- 15.45-16.00 Acute flexor tendon lesions: from diagnosis to options of treatment
- 16.00-16.15 Secondary flexor tendon lesions: from diagnosis to strategies of treatment
- 16.15-16.30 Discussion

### 16.30-16.45 Coffee break

- 16.50-17.00 Latrogenic lesions of extensor and flexor tendons
- 17.00-17.10 Extensor stiffness: patterns and management
- 17.10-17.20 Flexor stiffness: patterns and management
- 17.20-17.35 Post-traumatic deformities: Swan Neck and Boutonniere
- 17.35-18.15 How do you do it? Tips and tricks about techniques (all speakers & open discussion)  
*My favourite techniques*

### 20.30 Dinner

## 25<sup>th</sup> MARCH 2022

### 08.30-12.30 ALL AROUND TRAUMATIC SCAPHOID

- 08.30-08.40 General aspects: principles of anatomy, physiology, functional and biomechanical principles
- 08.40-08.50 Fractures: diagnosis, role of imaging and classifications
- 08.50-09.00 Fractures: conservative treatment: when and why?
- 09.00-09.15 Fractures: surgical treatment: percutaneous vs open: devices and surgical approaches
- 09.15-09.30 Fractures-dislocations: general principles and special focus on trans-scaphoid patterns
- 09.30-09.40 Scaphoid fractures & related associated fractures
- 09.40-09.50 Scaphoid fractures & associated soft tissue lesions
- 09.50-10.10 Clinical cases & discussion

### 10.10-10.30 Coffee break

- 10.30-10.45 Scaphoid nonunions: definition-patterns and possible strategies (conservative vs surgical)
- 10.45-10.55 Grafts: not vascularized: iliac, olecranon and...
- 10.55-11.10 Grafts: vascularized "island flaps"
- 11.10-11.25 Complex free grafts
- 11.30-12.30 Clinical interactive cases & discussion

### 12.30-14.00 Lunch

### 14.30-17.00 ALL AROUND POST-TRAUMATIC SCAPHOID part 2: DEFINITION AND TREATMENT OF SNACK WRIST

- 14.30-14.45 Intercarpal arthrodesis
- 14.45-14.55 Proximal row carpectomy
- 14.55-15.10 Arthroplasty: adaptive implants: why-when-which one?

- 15.10-15.25 Interposition and resurfacing arthroplasties
- 15.25-15.35 Failure & salvage procedures: when total arthrodesis
- 15.35-15.45 Failure & salvage procedures: when total prosthesis
- 15.50-17.00 **Clinical cases & discussion & round table: take home message: can we define a proper approach? Biology vs implants**

### 20.00 Social dinner

## 26<sup>th</sup> MARCH 2022

### 09.00-13.30 Scapho lunate ligament

- 09.00-09.10 Anatomy and biomechanical principles
- 09.10-09.20 Clinical examination and the role of imaging
- 09.20-09.35 Arthroscopic principles & patterns of lesions
- 09.35-09.45 Current state of classification
- 10.00-10.10 Open surgery: surgical approaches: tips & tricks
- 10.10-10.25 Open surgery: capsulodesis
- 10.25-10.40 Open surgery: tenodesis
- 10.45-11.00 **Coffee break**
- 11.00-11.10 Open surgery: overview of another techniques (BTB-RASL-SLAM, ...)
- 11.10-11.20 Open surgery: what's really new on the future?
- 11.20-11.40 Resuming and metanalysis
- 11.40-12.00 SLAC wrist: principles and overview of management
- 12.10-12.30 Clinical cases with interactive discussion
- 12.30-13.30 Round table & discussion

### 13.30-14.00 Closing of the course & presentation of the next course in 2023